

# KKCS SINGHEWALA Session 2023-24 GRADE -IV



Students Name	Section

Summer Vacation is probably the best time of the year for you all; it's time for lots of ice cream, time to visit grandparents / relatives and getting pampered to no end and of course bonding with cousins. School is fun too, with learning happening at all times, summer vacation can also be a time for learning with lots of activities around. Here are few tasks for you to be completed during these vacations. Do remember to complete the given tasks after reading them carefully. You need to bring your research work to school on the first day of school without fail.

# **Happy Holidays!**

Some Tips to make this holiday special:

- Have a family dinner every day of the holidays.
- Play board games with your parents and sibling and show them who is the smartest.
- Visit your grandparents and relatives whom you have not seen for a few years.
- Spend some quality time with an elderly person in the family or neighbourhood. Children if you are stuck, please feel free to contact us on the given number and e-mail id.

Helpline: Coordinator's Helpline: Ms EKTA 7015409524, 7876663783

(Between 10 am to 12.00 noon only to avoid any inconvenience)

For any suggestions & feedback please mail us at <a href="leskks@gail.com">lteskks@gail.com</a>



# Some useful tips for summer vacation

# Some do's and don'ts during summer vacation:

### Do's

- ✓ Drink lots of water.
- ✓ Carry a water bottle everywhere you go.
- √ Wear light cotton clothes.
- √ Have plenty of seasonal fruits like musk-melon, water-melon, orange, cucumber, etc.
- ✓ Drink a glass of buttermilk every meal time.
- ✓ Discover your creativity through Research worksheets.
- ✓ Study for half an hour to one hour every day.
- ✓ Explore various games.
- ✓ Enjoy your holiday trips.

### Don'ts:

- ✓ Don't be out of house in afternoon sun.
- ✓ Don't have junk food.
- ✓ Don't watch too much TV.
- ✓ Don't waste time in being lazy.
- ✓ Don't dirty your place of living.



NOTE – The entire home work done must be submitted in the shape of spiral bound project for Summer Home work



# **ACTIVITIES & TASKS**

Prepare your home work Project book with coloured sheets and keep different colours for different subjects

English – Pink Social Sc. -Light Grey Science – Light Green

Hindi-Sky Blue Comp. Sc - Light Yellow Punjabi - Light Purple

Art - White

### **ACTIVITIES FOR FUN**

### **ACTIVITY-I**

Read an age story book. Describe any three characters of this book in your own words.

### **ACTIVITY-II**

Watch any English movie of your taste and make a storyboard in your own words.

# TASKS - Theme "We and our health"

TASK-I- Science - Research work on causes and effects of different diseases.

UOI - Explore the causes of any five diseases and analyse the preventive measures

Criteria

- > Identify whether it is communicable or non-communicable.
- Make a booklet / chart / PPT on causes, symptoms, effects and treatment of diseases.
- What measures will you take to prevent such diseases?
- > Paste or draw pictures of the diseases.

Learning outcome - Learners will enhance their Research skills by collecting facts.

TASK-II- English - Creative writing, reading comprehension and fun activity.

Write a paragraph on the below given quote. Use simple language and insert punctuations at their appropriate places.

Section -A HEALTHY MIND LIVES IN HEALTHY BODY.

Section -B GAMES ESSENTIAL FOR HEALTHY LIFE

Section -C YOGA FOR A HEALTHY AND LONG LIFE

**Learning Outcome** - Students are able to write creatively about heir responsibility towards their body and health.

TASK-III - Maths — Research and collect data on people affected by a particular disease in either different states of India or in various countries (in percentage). Represent the information collected in the form of bar graph.

TASK-IV – Hindi – स्वस्थ जीवन जीने के लिए हमें किन- किन बातों का ध्यान रखना चाहिए | इस विषय पर १०० शब्दों का अनुच्छेद लिखिए |

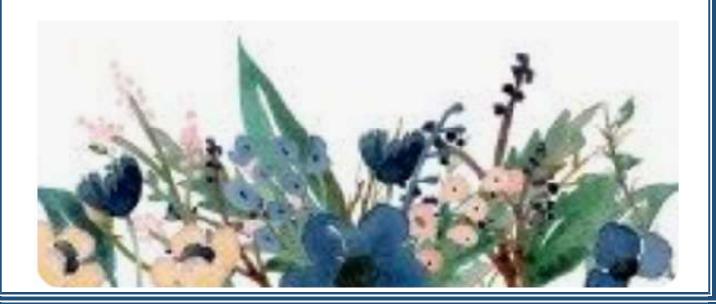
18th is Father's Day —Prepare a Greeting for your Dad



# Now Get Set Go.....

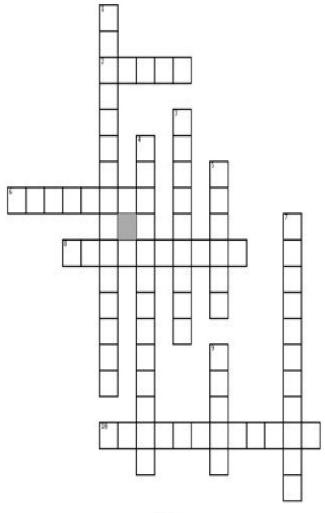
Talk to your friends; Interact with your neighbours,
Read relevant books, browse for the information
Note down the information on colourful papers
Give shape to your Project
Put the research in line
Holidays can really be fun
If you utilize your time.......
To make your work look attractive and neat
Make sure that you do it in the form of
a scrapbook or booklet.

Don't forget to write the topic and put the name tag When the school reopens, bring back your Treasure to go through it will be our Pleasure!



### **ENGLISH FUN WORKSHEET**

Task: Complete the punctuation puzzle. Take the help of the hints given.



### Across

- 2. I am used for making a list and used for taking a 1. I am used to indicate strong feelings or high
- 6. I am at the end of a sentence
- letter
- 10. I am used for a question

### Down

- 3. I'm used to seperate major sentence elements
- 8. I am used to indicate possession of or a missing 4. I am at the start of a sentences and is used for names and places
  - 5. I'm used to join words
  - 7. I am used for when someone is speacking
  - 9. I'm used to preced a list

### **ENGLISH COMPREHENSION WORKSHEET**

Task Read the given passage on Yoga for kids answer the following questions.



### YOGA FOR KIDS

In the busy world of schoolwork, tests, peer pressure and competitive sports, yoga can have a calming influence and help kids cope. Getting started out young can lead to a lifetime of positive habits. Yoga offers a variety of mental, emotional and physical benefits for children. Here's five reasons to get the kids to hit the mat.

### 1. Yoga helps manage stress.

Stretching and striking yoga poses help relieve some of the tense muscles in your body. Also, with its focus on breathing and mindfulness, yoga also gives kids tools they can use to promote calmness and focus. Yoga can help kids deal with everyday challenges such as a test or social anxiety.

# 2. Yoga increases self-confidence.

All ages, sizes and abilities can participate in yoga. Unlike sports, kids don't have to worry about competition, making the team or "losing." Yoga is for everyone regardless of fitness level.

# 3. Yoga improves physical health.

As kids learn various poses, yoga helps with balance, flexibility, strength and coordination.

# 4. Yoga helps kids be present.

Children are too often engaged with electronics and spend too much time staring at screens. Yoga offers an escape from screen time and helps kids learn the importance of carving out device-free time.

# 5. Yoga helps kids focus.

The meditation, breathing and mindfulness exercises of yoga can lead to increased concentration and mental clarity.

For years, adults have experienced the positive results from yoga But as the trend grows for paediatric yoga, it is discovered that the same benefits for kids and that yoga is a great way to have a positive impact on children.

Nov	v answer following questions based on above reading
<b>*</b>	What helps to relieve the tense muscles in our body?
*	How does Yoga help in increasing self-confidence?
* *	How does Yoga help in improving physical health?
 <b>*</b> and	Mention the different exercises of Yoga which lead to increased concentration mental clarity.
••• exp	Write about your plan about implementing Yoga in your daily life. Also ress how does it going to help you.

### **MATHS FUN WORKSHEET**

Fill in the blanks of each crossword puzzle to make multiplication equations true.

MATH Crossword Puzzle



2	х		=	6			х	5	=	30
				х		х				
	х	1	=			8	х	4	=	
				=		=				
			х	24	=					

	X	7	=			3	х	12	=	
Х				х		х				
11		5	х		=					
=				=		=				
22				42			х		=	90

# **HINDI-HANDWRITING WORK SHEET**



# WORKSHEET





एक	किसान	अपना	खेत	जोत	रहा था
एक	विश्वान	अपना	खेत	जोत	रहा था
पुक	dotta	अपना	खेत	जीत	-रहा था_
एक	केसान	अपना	खेत	जोत	रहा था
<u>Ų</u> d>	d d d	अपना	खेत	जोत	रहा था
पुक	विश्वान	अपना	खेत	जोत	रहा था
<b>ए</b> क	G G M	अपना	खेत	जोत	रहा था
<u>एक</u>	ते विश्वान	अपना	खेत	जोत	न्हा था
Ųф		अपना	खेत	जोत	रहा था
पुक	विश्वान	अपना	खेत	जीत	रहा था
पुक	किसान	अपना	खेत	जोत	रहा था



Date:

Teacher's Sign.





# **FEEDBACK FORM**

(To be filled in by parent and student after discussion with each other)

Form has been devised for the first time to know the views of the parents as well as students about home work

1. The Holiday's Homework was:	a) Lengthy	b)Short	c)Appropriate					
2. You required help:	a) Continuously	b) Occasionally	c) Never					
3. The time given to complete the assignment was:								
	a) Appropriate	b) Too less	c) Too much					
4. The information required was:	a) Easily available	b) Difficult to find						
5. Did your child enjoy doing the H	Homework? If 'Yes	s', why and if 'No' why	y not?					
6. The most interesting part of the	homework was							
7. While doing the homework, I lea	arnt							
7. Willie doing the homework, rie	ai iit							
8. Which of the activity did your cl	hild enjoy the most?							
9. What other activities would you	ı like to do with your	child during holidays	3?					
40 II	G. 1.1							
10. How do you think your child b	enefited through holi	day homework?						

(To be submitted to the Class Teacher along with home work)